

Minutes: Wellness Meeting 10/07/15

- Present for the meeting: Lisa Coy, Debbie Newland, Kathy Cook, Deanna Wheeler and Carol Buck. Next schedule meeting tentatively September 2016
- Students with food allergies will review documentation
- Vending machine was removed from the cafeteria and in other areas of the school are turned off during school hours.
- At this time not going to add additional Ale cart items.
- Bigger waters will be offered the price will remain the same.
- Late breakfast options will be Granola bar and Milk. Anyone who shows up from Breakfast after 7:50 am will receive granola bar and milk. No student will be allowed to leave the lunch room with food. Signs have been hung by the cafeteria line doors.
- Alternative meals will remain peanut butter or cheese Sandwich with Milk
- Health screenings performed parents will be notified of any health issue that may have been found with their students.
- Dental Screenings scheduled for October 28<sup>th</sup> (elementary only)
- Flu Vaccines will be administered on October 29<sup>th</sup> (School wide plus staff)
- Asthma Students: We covered the documentation that we keep on file from the student's physician giving us the plan on how to treat the student's signs and symptoms. In the elementary building the student's teacher has a copy. In the high school they are kept in the front office.
- We made changes in our fundraiser this year from cookies to cups.
- Coach Matthews conducted a wellness walk during the spring.
- FCCLA hosted a fun run in the winter.
- Physical Education is offered to elementary students 3-4 times per week.
- Nutrition classes were offered to elementary students in the spring through the University of Missouri Extension office. We will continue to pursue those.

- Reviewed wellness policy, no changes necessary