



BREAKFAST MENU

La Plata R-II School District Elementary School
May 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Items Prepared Fresh Daily in the Opaa! Kitchen. All Grains offered are Whole Grain Rich.		Key: = Farm Fresh Product = May contain peanuts = Pork		Choice of fat-free (unflavored or flavored) and unflavored low-fat milk offered DAILY!
1 <ul style="list-style-type: none"> Pancakes w. Fruit Topping, Pears , Fruit Juice Sausage Biscuit , Pears , Fruit Juice Cereal, Yogurt, Pears , Fruit Juice Oatmeal, Yogurt, Pears , Fruit Juice 	2 <ul style="list-style-type: none"> Scrambled Eggs, Toast & Jelly, Apple , Fruit Juice Strawberry Shortcake Biscuit, Apple , Fruit Juice Cereal, Toast & Jelly, Apple , Fruit Juice Oatmeal, Toast & Jelly, Apple , Fruit Juice 	3 <ul style="list-style-type: none"> Cinnamon Roll, Peaches, Fruit Juice Egg & Cheese Bagel, Peaches, Fruit Juice Cereal, Yogurt, Peaches, Fruit Juice Oatmeal, Yogurt, Peaches, Fruit Juice 	4 <ul style="list-style-type: none"> Sausage Pancake on a Stick , Pineapple, Fruit Juice Yogurt, Fruit Streusel Muffin, Pineapple, Fruit Juice Cereal, Cinnamon Toast, Pineapple, Fruit Juice Oatmeal, Cinnamon Toast, Pineapple, Fruit Juice 	5 <ul style="list-style-type: none"> Biscuit & Gravy, Sausage , Strawberries, Fruit Juice Mini Pancakes, Strawberries, Fruit Juice Cereal, Yogurt, Strawberries, Fruit Juice Oatmeal, Yogurt, Strawberries, Fruit Juice
8 <ul style="list-style-type: none"> French Toast Sticks, Apple , Fruit Juice Breakfast Pizza, Apple , Fruit Juice Cereal, Yogurt, Apple , Fruit Juice Oatmeal, Yogurt, Apple , Fruit Juice 	9 <ul style="list-style-type: none"> Pancake Sausage Griddle , Peaches, Fruit Juice Yogurt, Fruit Streusel Muffin, Peaches, Fruit Juice Cereal, Cinnamon Toast, Peaches, Fruit Juice Oatmeal, Cinnamon Toast, Peaches, Fruit Juice 	10 <ul style="list-style-type: none"> Cinnamon Roll, Banana, Fruit Juice Breakfast Nachos, Banana, Fruit Juice Cereal, Yogurt, Banana, Fruit Juice Oatmeal, Yogurt, Banana, Fruit Juice 	11 <ul style="list-style-type: none"> Scrambled Eggs, Toast & Jelly, Mandarin Oranges, Fruit Juice Chocolate Stuffed Croissant, Mandarin Oranges, Fruit Juice Cereal, Toast & Jelly, Mandarin Oranges, Fruit Juice Oatmeal, Toast & Jelly, Mandarin Oranges, Fruit Juice 	12 <ul style="list-style-type: none"> Biscuit & Gravy, Sausage , Fruit, Fruit Juice Mini Waffles, Fruit, Fruit Juice Cereal, Yogurt, Fruit, Fruit Juice Oatmeal, Yogurt, Fruit, Fruit Juice
15 SCHOOL'S OUT	16 NO SCHOOL	17 NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL
22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL

Menus subject to change.

Opaa! Menus are created in accordance with USDA Regulation for Healthy, Hunger-Free Kids Act. Choice of fat-free (unflavored or flavored) and unflavored low-fat milk offered daily.



LUNCH MENU

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<p>1</p> <ul style="list-style-type: none"> • Chicken Nuggets w. Italian Bread • Hamburger Mac N Cheese w. Italian Bread Garden Fresh Salad, Corn, Fresh Fruit Applesauce • Mandarin Orange Chicken Salad, Corn, Fresh Fruit Applesauce, Italian Bread 	<p>2</p> <ul style="list-style-type: none"> • Chicken Nachos w. White Queso • Cheeseburger Fresh Garden Salad, Refried Beans, Fresh Fruit , Mandarin Oranges • Taco Salad, Refried Beans, Fresh Fruit , Mandarin Oranges, Cornbread 	<p>3</p> <ul style="list-style-type: none"> • Chicken Patty • Roast Turkey Mashed Potatoes w. Gravy, Glazed Carrots, Fresh Fruit , Banana Orange Mix, Hot Roll • Strawberry Chicken Salad, Glazed Carrots, Fresh Fruit , Banana Orange Mix, Hot Roll 	<p>4</p> <ul style="list-style-type: none"> • BBQ Rib on Bun • Stuffed Taco Potato Wedges, Fresh Garden Salad, Fresh Fruit , Peaches • Cobb Salad, Fresh Fruit , Peaches, Fruit Streusel Muffin 	<p>5</p> <ul style="list-style-type: none"> • Cheese Pizza • Corn Dog Fresh Garden Salad, Fresh Broccoli w. Dip, Fresh Fruit , Pineapple • Popcorn Chicken Salad, Fresh Broccoli w. Dip, Fresh Fruit , Pineapple, Fruit Streusel Muffin
<p>8</p> <ul style="list-style-type: none"> • Chicken Alfredo w. Italian Bread • Turkey Club Wrap Garden Fresh Salad, Steamed Broccoli, Fresh Fruit , Peaches • Mandarin Orange Chicken Salad, Steamed Broccoli, Fresh Fruit , Peaches, Italian Bread 	<p>9</p> <ul style="list-style-type: none"> • Cheeseburger • Grilled Chicken Sandwich French Fries, Fresh Garden Salad, Fresh Fruit , Orange Pineapple Mix • Cobb Salad, Fresh Fruit , Orange Pineapple Mix, Fruit Streusel Muffin 	<p>10</p> <ul style="list-style-type: none"> • Chicken Patty • Roast Turkey Mashed Potatoes w. Gravy, Corn, Fresh Fruit , Pears, Hot Roll • Strawberry Chicken Salad, Corn, Fresh Fruit , Pears, Hot Roll 	<p>11</p> <ul style="list-style-type: none"> • Soft Tacos • Chicken & Cheese Quesadilla Fresh Garden Salad, Refried Beans, Fresh Fruit , Applesauce • Taco Salad, Refried Beans, Fresh Fruit Applesauce, Cornbread 	<p>12</p> <ul style="list-style-type: none"> • Pepperoni Pizza • Peanut Butter & Jelly w. Yogurt Fresh Garden Salad, Baby Carrots w. Dip, Fresh Fruit , Strawberry Banana Mix • Popcorn Chicken Salad, Baby Carrots w. Dip, Fresh Fruit , Strawberry Banana Mix, Fruit Streusel Muffin
<p>15</p> <p>SCHOOL'S OUT</p>	<p>16</p> <p>NO SCHOOL</p>	<p>17</p> <p>NO SCHOOL</p>	<p>18</p> <p>NO SCHOOL</p>	<p>19</p> <p>NO SCHOOL</p>
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